



## HOW CAN I JOIN?

### 1. Eligibility:

To qualify for the Air Guard you should be:

- 17 – 39 years of age (if you have no prior military service)
- United States Citizen
- In good standing to graduate from your high school (High school Diploma or GED/HSED required)
- In good health
- Excessive tattoos, piercing and self mutilation can be disqualifying
- Of strong character

What do you mean by strong character?

Drug use, other than **experimental** use of marijuana, is disqualifying. Law violations can keep you from enlisting into the Air Guard. Ask your recruiter for more details.

### 2. Processing:

- Make an appointment with an Air Guard Recruiter
- Take the ASVAB Test (The Armed Services Vocational Aptitude Battery)
- Physical Examination

### 3. Basic Military Training

- 8.5 weeks in length
- Lackland AFB, San Antonio, TX [www.basictraining.af.mil](http://www.basictraining.af.mil)
- Physical Fitness Requirements:

MALES	FEMALES
2.5 Mile run upon graduation (Airman's Run)	2.5 Mile run upon graduation (Airman's Run)
1.5 Mile run upon graduation: 11:57	1.5 Mile run upon graduation: 14:26
Age < 30 - Push-Ups – 33	Age < 30 - Push-Ups – 18
Age < 30 - Sit-Ups – 42	Age < 30 - Sit-Ups – 38
Age 30-39 - Push-Ups – 27	Age 30-39 - Push-Ups – 14
Age 30-39 - Sit-Ups – 39	Age 30-39 - Sit-Ups – 29
Abdominal Circumference – 35"	Abdominal Circumference – 31.5"
A one minute timed interval is used for push-ups and sit-ups.	